

PROMEDICS BOTANICAL BOOTCAMP LIVER DETOXIFICATION

INDICATION	PRODUCT	DOSE	TIME TO CLINICAL BENEFIT	CLINICAL NOTES
<p>Ø PHASE I & II DETOX, ESTROGEN DETOX, LIVER CONGESTION OR DAMAGE, HEPATITIS, FATTY FOOD AND ALCOHOL OVERINDULGENCE, CHEMICAL EXPOSURE, HEPATOPROTECTIVE</p>	LivCo	3 - 4 tabs	2 mo min	<p>CI: pregnancy</p> <p>Take apart from iron</p> <p>Caution: possible Ø drug clearance w/ schisandra (take 4hr apart & monitor)</p>
<p>CONSTIPATION, Ø BILE FLOW, DYSPEPSIA, HEPATOPROTECTIVE</p>	Livton	2 tabs bid	<p>1 mo min</p> <p>(dyspepsia amel in 2wks)</p>	<p>CI: GB stones > 1 cm</p> <p>Take apart from iron</p>
<p>ANTIOXIDANT, CAPILLARY FRAGILITY, CANCER PREVENTION, ALLERGIES, HEPATOPROTECTIVE, HYPERCHOLESTEROLEMIA</p>	Vitanox	2 - 3 tabs with food	2 - 3 mo min	<p>CI - sunitinib</p> <p>Caution with talinolol and folate (monitor)</p>
<p>FIBROSIS, INFLAMMATION, METASTASIS</p>	Pectasol C	5-25g per day	1 mo min	
<p>ALLERGIES, INFLAMMATION, HYPERTENSION, LIVER DZ, HEPATOPROTECTIVE, HYPERCHOLESTEROLEMIA, ANTI-AGING, CANCER, INFECTIONS, DM, ALTITUDE SICKNESS</p>	JHS Reishi	3 bid away from food	2 - 3 mo min	<p>Caution - use with antihypertensive, sedative and anticoagulant meds</p> <p>s/e - GI upset (short term issue)</p>