

Jigsaw **Electrolyte Supreme™** wins!

Staying hydrated isn't always easy. Plus, even if you do consume enough fluids, if it's plain water you won't be providing your body the essential minerals and electrolytes required for optimal hydration. **Jigsaw Electrolyte Supreme™** contains a broad spectrum of electrolytes, minerals, and vitamins in each serving. Without these, it's harder to recover from strenuous activity.*



	Electrolyte Supreme™	Liquid IV™	Hydrant™	Nuun Sport™
Cost Per Serving	\$0.83	\$1.55	\$1.30	\$0.48
Serving Per Container	60	16	30	60
Sugar	0 g	11 g	6 g	1 g
Sweetened Using	Organic Erythritol, Stevia, & Monk Fruit	Pure Cane Sugar	Cane Sugar	Stevia
Calories	10	50	20	15
Carbohydrates	2 g net carbs	11 g	6 g	2 g
Keto Friendly	✓	✗	✗	✓
Broad-Spectrum Electrolytes:	✓	✗	✗	✓
Sodium	270 mg (from Sea Salt)	500 mg	260 mg	300 mg
Potassium	210 mg	370 mg	200 mg	150 mg
Magnesium	20 mg	✗	30 mg	25 mg
Calcium	30 mg	✗	✗	13 mg
Includes Trace Minerals (from Sea Salt)	✓	✗	✗	✗
Includes "Active" forms of B Vitamins	✓	✗	✗	✗
Gluten Free	✓	✓	✓	✓
Caffeine Free	✓	✓	✓	✗
Corn Free	✓	✓	✗	✗
Soy Free	✓	✓	✓	✓
GMO Free	✓	✓	✓	✓
3rd Party Label Claim Verified	✓	✓	✗	✗