

Nevaton Forte contains Saffron, St John's Wort, Schisandra and Skullcap. This formula offers major nervous system support and provides a wide range of phytochemicals including naphthodianthrones (hypericin and pseudohypericin), flavonoids, phenolics, dibenzcyclooctene lignans, carotenoids and other compounds. The St John's Wort component of this tablet is standardized to contain 375 mcg per tablet of hypericins to ensure optimal strength and quality.

| Each tablet contains: | |
|---|---------------------------------------|
| Medicinal Ingredients: | Dried Herb Equivalent (DHE): |
| Scutellaria lateriflora (Skullcap) herb top Hypericum perforatum (St John's Wort) herb top Schisandra chinensis (Schisandra) fruit Crocus sativus (Saffron) stigma | 500 mg 750 mg 675 mg 22.5 mg |



Dose

Adults: Take 1 tablet 3 to 4 times daily or as directed by your health care practitioner. Use for a minimum of 1 week to see beneficial effects. Consult your health care practitioner for use beyond 18 weeks.

Indication:

• Used in herbal medicine as an adaptogen to help increase resistance to stress

Additional Therapies:

- Valerian Complex tablets
- Withania Complex tablets

Contraindications and Cautions: Do not use if you are pregnant or breastfeeding, taking anti-cancer medications, blood thinners, antidepressant medications, anti-HIV agents, cardiovascular medications, immunosuppressants, and/or contraceptive medications. Consult a health care practitioner prior to use if you are taking prescription medications, anti-anxiety medications, seizure medications, antihistamines, bronchodilators, muscle relaxants and/or opiates. Consult a health care practitioner if symptoms persist or worsen or if new symptoms develop or if sleeplessness persists continuously for more than 3 weeks. Avoid prolonged exposure to sunlight, ultraviolet light (UV) or UV therapy. Consumption with alcohol, drugs and/or other natural health products with sedative properties is not recommended. Hypersensitivity, such as an allergy, has been known to occur; in which case, discontinue use. Some people may experience mild gastrointestinal disturbances, nausea, restlessness, drowsiness and/or headaches. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness.

60 Tablets

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