

## ADRENAL SUPPORT DDX

### RHODIOLA & GINSENG

- The **ENERGY** formula
- Tonic and adaptogenic activity of these herbs works quickly and effectively to **increase physical and mental performance**
- For those with busy lives and under constant stress
- Helps you to get on top of things, physically and mentally
- To prevent adrenal depletion

### ADRENOCO

- The **ADRENAL SUPPORT**
- These herbs = adrenal tonics that **preserve, protect and restore** adrenal cortex function
- For the adrenally depleted patient; to prevent threatening adrenal fatigue/exhaustion
- For when everything starts to stress you out!
- To combat adrenal fatigue/depletion

### WITHANIA COMPLEX

- The **STRESS RELIEF**
- When you are feeling run down yet wound up = **tired, yet wired!**
- Improves stress tolerance and ability to cope with stress
- Licorice provides additional adrenal focus
- Skullcap has nervine tonic and mild sedative properties
- Panax supports Withania with an overall tonic and adaptogenic effect
- Chronic complex patient who is under stress; adrenals are fatigued with wider nervous system involvement

### NEVATON

- The **MOOD SUPPORT**
- When stress results in feelings of **frustration, anger, irritability and depression**
- Assists with mood swings associated with PMS and menopause
- This combination of herbs helps relax and energize the NS
- SJW will assist in alleviating any associated depression and Schizandra provides additional liver support

### VALERIAN COMPLEX

- The **RELAXANT/INSOMNIA RELIEF**
- **When stress 'build up' results in insomnia**
- Possible prevention/relief of 'tension headaches'
- Difficulty falling asleep, frequent waking and dream-disturbed sleep with night sweats and hot flashes

### ASTRAGALUS COMPLEX

- The **CHRONIC IMMUNE SUPPORT**
- **When constant stress results in immune depletion**
- Astragalus is for Qi deficiency or lack of strength
- Prevents convalescence and aids in recovery following illness

### BACOPA COMPLEX

- The **BUSY STUDENT/EXECUTIVES TONIC**
- **To enhance cognition, focus, concentration and memory during times of stress**
- Bacopa is a nervine tonic that increases conversion of short-term to long-term memory
- Schizandra also offers liver support