

IMMUNE HEALTH: BE PREPARED!



ENHANCE IMMUNITY



BUILD VITALITY



SUPPORT UPPER RESPIRATORY FUNCTION



**MEDIHERB
HAS GOT YOU
COVERED!**

	ECHINACEA PREMIUM	ASTRAGALUS COMPLEX	ANDROGRAPHIS COMPLEX	SINUS FORTE	GARLIC FORTE	BRONCAPECT
BODY SYSTEMS						
FEATURES:	Synergistic, patented formula of Echinacea angustifolia and Echinacea purpurea rich in alkylamides.	Astragalus, Siberian Ginseng and Echinacea purpurea for immune support and lung tonic activity.	Andrographis, Holy Basil & 2 mg alkylamides from Echinacea angustifolia & Echinacea purpurea.	Anticatatrrhal herbs Eyebright and Golden Rod with Echinacea purpurea, Golden Seal and Cayenne.	Garlic fresh bulb extract, stand. to 12 mg alliin. Alliin is converted to allicin in the gut.	Unique combination of Echinacea, Licorice, Pleurisy Root, Ginger and White Horehound.
INDICATION:	May reduce incidence of mild upper respiratory tract infections. Effective for URI prevention while travelling.	Maintenance of general well-being. Astragalus is used traditionally to build vitality.	May relieve symptoms of mild URTI's when taken at first sign of symptoms. Mild adaptogen, correct URTI's to URI's.	Used traditionally for relief of catarrh, colds, hayfever and sinusitis.	Used traditionally for symptomatic relief of URTI's and catarrh.	Traditionally used in herbal medicine as an expectorant to help relieve chest complaints, such as catarrhs, coughs and bronchitis.
DOSE:	Adults: 1 tablet 2-3 times daily. Children 6-12 years: 1 tablet 1-2 times daily. Dosage may be increased for acute conditions.	Adults: 1 tablet 2-4 times daily. Children 6-12 years: 1 tablet 1-2 times daily. Can be used long term for lung infections.	Adults: 1 tablet 2-4 times daily. Dosage can be increased to 6 tablets daily for acute conditions. Children 6-12 years: 1 tablet 1-2 times daily.	Adults: 1 tablet 3-4 times daily. Children 6-12 years: 1 tablet 1-2 times daily. For seasonal symptoms, start 4-6 weeks prior.	Adults: 1 tablet 1-2 times daily. Children 6-12 years: 1 tablet daily. Enteric coated whole. Take tablet whole, do not break.	Adults: Take 2 tablets 2-4 times daily, at the first sign of infection. Consult a health care practitioner for use beyond 4-6 weeks.
NO ADDED:						
PREGNANCY/LACTATION:	Under professional supervision.	Under professional supervision.	Contraindicated.	Use with caution in first trimester of pregnancy.	Under professional supervision.	Do not use if you are pregnant or breastfeeding.
ADDITIONAL THERAPY:	Andrographis Complex	Withania Complex	Echinacea Premium Sinus Forte Broncafect	Echinacea Premium Astragalus Complex Broncafect.	Andrographis Complex Echinacea Premium	Andrographis Complex Echinacea Premium Alternate long term with Astragalus Complex in COPD and chronic lung conditions.





ECHINACEA PREMIUM

MediHerb Echinacea Premium modulates the immune response of macrophages and T cell in vitro, toning the response down in the face of a strong stimulus. It also stimulates the immune response by interaction of the alkylamides with the CB2 receptors. It alters the expression of heat shock protein in leukocytes. It boosts the number and function of natural killer (NK) cells. It is a well-being tonic as well as supporting healthy aging and longevity.

These factors are the reasons Ingrid Pincott ND recommends taking Echinacea Premium one tablet daily all year long. Dr Pincott recommends familiarizing your patients with the dosage of alkylamides in their echinacea products. Most other products on the market require 2-5 times the dosage to get the 4.1 mg of alkylamide in one tablet of Echinacea Premium.

Contraindication: Short-term use if patient is taking immunosuppressive drugs. Discontinue 7 days prior to general anaesthesia. Use caution if allergic to plants of Daisy family.

Kerry Bone's comments: "My favourite! You can build a successful practice on this product alone. MediHerb's unique formula (Echinacea Premium) contains the roots of *Echinacea angustifolia* and *Echinacea purpurea* in a specific ratio, delivering 4.1 mg of alkylamides per tablet."



ANDROGRAPHIS COMPLEX

MediHerb Andrographis Complex is the go-to formula for acute immune support. Use this formulation for the onset of mild upper respiratory infections for up to 8 weeks. It also encourages the adaptive response to occasional stress as well healthy liver function. Andrographis also supports and maintains normal body temperature.

Contraindication: Do not use in pregnancy, while attempting to conceive or during lactation. Avoid use if allergic to the Daisy family of plants.ect.

Kerry Bone's comments: "My first choice for strong immune support when Echinacea alone is not enough and particularly for short-term use."



GARLIC

MediHerb Garlic contains 12 mg of stabilized alliin with the correct amount of allinase for optimal conversion to Allicin. MediHerb Garlic tablets are enterically coated to ensure that the allicin produced is protected and utilized to its full potential. MediHerb garlic is tested not only for the level of alliin but also for its conversion into allicin. (Garlic breath is rare).

Contraindication: Do not use if known allergy to garlic. Not to be used in pregnancy unless directed by a healthcare provider.

Kerry Bone's comments: "I like to think of garlic as a polypill for cardiovascular health due to the many different facets of its support and the multitude of positive clinical studies published. Garlic is also effective in helping to maintain healthy gastrointestinal flora. Quality issues are of vital importance when manufacturing garlic products. The strongest published evidence to date is for garlic preparations standardised to alliin content with allicin-releasing capability."



ASTRAGALUS COMPLEX

MediHerb Astragalus is best used after the acute stage of a cold/flu for those that cannot completely recover. *Astragalus membranaceus* research shows it has multiple pharmacological effects including anti-oxidative-stress, anti-inflammatory, immune-regulation, vascular protective effects, anti-neurodegeneration, anti-cancer and anti-aging effects (including increasing telomerase activity). It is very safe and has few side effects for long-term therapy.

Contraindication: Do not use if taking immune-suppressing drugs, or during pregnancy or breast-feeding. Avoid use if allergic to the Daisy family of plants.



SINUS FORTE:

MediHerb Sinus Forte is a great formula for acute or chronic sinus infections and works well for the upper respiratory cases. It is superb in the treatment of seasonal allergies as well. Can be used long term for chronic sinusitis at one tab BID.

Contraindication: Consult a health care practitioner prior to use if you are taking immunosuppressant medication (eg. transplant patients). Discontinue 7 days prior to general anesthesia.

Note: MediHerb has a strong policy on endangered and threatened medicinal plants, and only purchases cultivated sources of Golden Seal root and rhizome.



BRONCAFECT

MediHerb Broncafect helps support bronchial function. Pleurisy Root, White Horehound, Licorice and Ginger also support the body's normal cough reflex, particularly Licorice with documented use dating back centuries. Native Americans used Pleurisy Root, White Horehound and Echinacea root in this way. For the treatment of pertussis, bronchitis, pleurisy, lung congestion, influenza, tracheitis, nasopharyngeal catarrh and COPD. Great for persistent bronchitis or after inhalation of lung irritants as it soothes and heals inflamed bronchial mucosa. It also manages fever without diaphoresis.

Contraindication: Hypertension, edema if patient is taking potassium-depleting diuretics. If taking long-term, monitor blood pressure. Not to be used with immune suppressant medications (due to Echinacea)